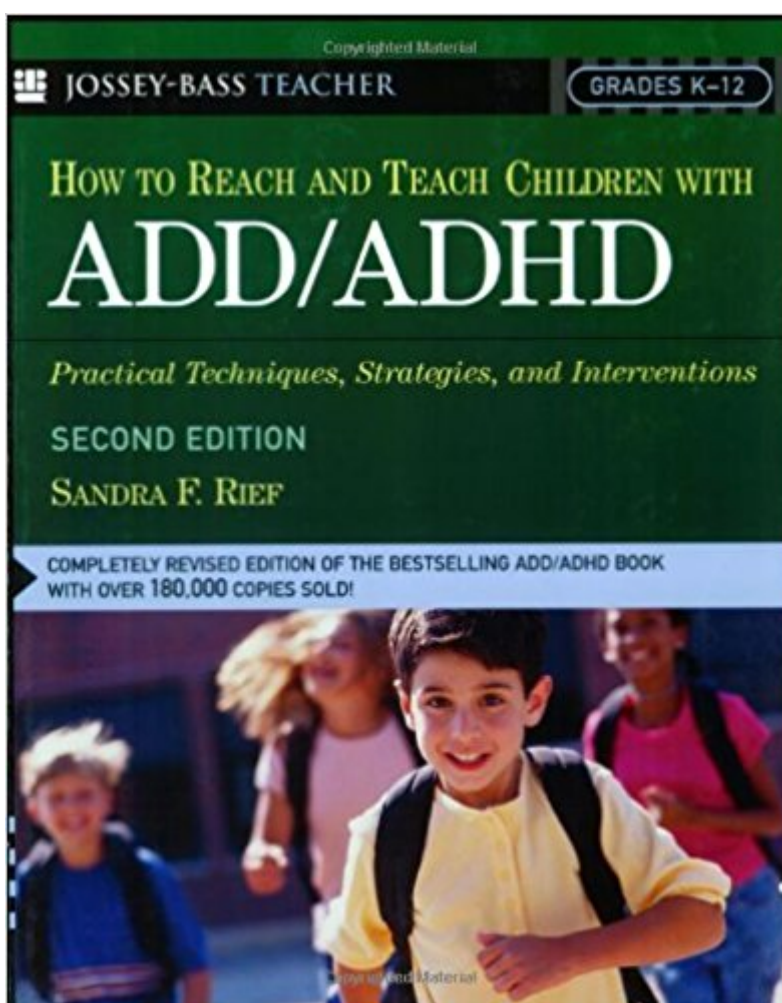


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# How To Reach And Teach Children With ADD / ADHD: Practical Techniques, Strategies, And Interventions



## Synopsis

Sandra Rief offers myriad real-life case studies, interviews, and student intervention plans for children with ADD/ADHD. In addition, the book contains best teaching practices and countless strategies for enhancing classroom performance for all types of students. This invaluable resource offers proven suggestions for: Engaging students' attention and active participation Keeping students on-task and productive Preventing and managing behavioral problems in the classroom Differentiating instruction and addressing students' diverse learning styles Building a partnership with parents and much more.

## Book Information

Paperback: 464 pages

Publisher: Jossey-Bass; 2 edition (March 17, 2005)

Language: English

ISBN-10: 0787972959

ISBN-13: 978-0787972950

Product Dimensions: 8.6 x 0.9 x 11 inches

Shipping Weight: 2.8 pounds

Average Customer Review: 4.4 out of 5 stars 48 customer reviews

Best Sellers Rank: #309,442 in Books (See Top 100 in Books) #83 in Books > Health, Fitness & Dieting > Children's Health > Learning Disorders #149 in Books > Education & Teaching > Schools & Teaching > Special Education > Behavioral Disorders

## Customer Reviews

"It is both a pleasure and a privilege to provide this strong and unequivocal endorsement of so informative and consumer-friendly a book as this one. Grounded in the latest science of ADHD, filled with exceptionally detailed advice . . . parents and educators will find this book to be exceptionally useful in raising a successful ADHD child." --Russell A. Barkley, Ph.D., professor of psychiatry, Medical University of South Carolina, and author, Taking Charge of ADHD "For over a decade, Sandra Rief's How to Reach and Teach Children with ADD/ADHD has been the most definitive and user-friendly go-to guide for teachers and parents eager to help children with ADHD succeed in school, home, and life overall. Now updated with the latest research findings from the last ten years, this book outstrips even the original. Unlike so many other volumes, this book is hands-on, well-organized, extremely readable, and full of the kind of wise, practical advice that only comes from someone who has been there (and continues to be there!) helping teachers, parents,

children, and youth struggling with ADHD. I especially like the focus on different ages, school settings, and subjects. My highest recommendation for this book, and my greatest praise for Sandra making this invaluable resource available!" --Peter S. Jensen, M.D., director, Center for the Advancement of Children's Mental Health and Ruane Professor of Child Psychiatry at Columbia University "Sandra Rief is one of the most astute as well as compassionate voices in the world about ADHD. She really gets it, and this book will give you what she gets. A wonderful contribution and valuable, practical resource for all teachers, parents, and clinicians." --Edward Hallowell, M.D., author, *When Your Worry About the Child You Love* and coauthor, *Driven to Distraction* "This valuable resource should be at every teacher's fingertips! Sandra Rief offers current research-based strategies and information on ADHD that are a must read for every educator." --Ellen Stantus, special education director, Davis School District, Farmington, Utah "This book not only addresses the latest research on this neuro-biological difference, but goes further by offering creative strategies for home and school in order to help these students reach their full potential. As always, Sandra Rief fills her book with what to do about it." --Jill Murphy, special educator, ADHD life skills and academic coach, ADD Resources Parent Support, and mother of two children with ADD/ADHD, Bonney Lake, Washington

Finally, it's here! This is the much-anticipated new edition to the bestselling book that has served for over a decade as a resource for teachers, school professionals, parents, and clinicians. *How to Reach and Teach Children with ADD/ADHD* is filled with practical strategies and techniques to improve the academic, behavioral, and social performance of students with ADHD. The book is easy to read, includes the most current research-based information about ADHD, and outlines effective treatments. Sandra Rief offers myriad real-life case studies, interviews, and student intervention plans for children with ADD/ADHD. In addition, the book contains best teaching practices and countless strategies for enhancing classroom performance for all types of students. This invaluable resource offers proven suggestions for: Engaging students' attention and active participation Keeping students on-task and productive Preventing and managing behavioral problems in the classroom Differentiating instruction and addressing students' diverse learning styles Building a partnership with parents and much more.

If I could only have one book in my library about Attention Deficit Disorder, it would be Sandra F. Rief's comprehensive book, *How to Reach and Teach Children with ADD/ADHD*. This book is a complete reference for parents and educators. Divided into six parts, the book has information and

techniques for implementing strategies to improve the lives of children with ADD/ADHD. Each part has real-life interviews and stories. There are references organized by section. Each part of the book has an extensive list of resources that address that particular subject.

**Part 1-Key Information for Understanding and Managing ADHD-**This part discusses the characteristics of ADD/ADHD. Finding a diagnosis is discussed. For those who want more than medication for their child, other types of treatments are enumerated. Differences in students' needs along the Kindergarten through High School continuum are delineated.

**Part 2-Managing the Challenge of ADHD Behaviors-**Attention Deficit Disorder presents behavioral challenges in the classroom and at home. Events that trigger problem behaviors and ways to address those behaviors are described. Many techniques to assist students with challenging behaviors are spelled out in a user friendly manner. This part also explains strategies to increase the students' attention. There are methods for helping students focus in class.

**Part 3-Instructional and Academic Strategies and Supports-**Strategies and interventions for all aspects of reading, writing, and mathematics each have their own section. This makes them easy to use for parents and teachers. There are several approaches to finding a style or styles that help the students learn. A complete section on organization gives aid to parents and educators who want to help students with Attention Deficit Disorder develop organizational and study skills.

**Part 4-Personal Stories and Case Studies-**There is a family's personal story, as told by the mother, of their journey through the maze that is Attention Deficit Disorder. The family has several children with ADD/ADHD, and their mother tells the different methods that were used to help each child reach his or her potential. This story is filled with details to let readers see and feel what it is like to live in a family where multiple people have ADD. It also shows how to get appropriate services for children with ADD. Readers get to know this family, and a bonus is a follow-up that tells about the family twelve years later.

Along with a personal story are two case studies of young men with ADD/ADHD. These case studies give medical, social and/or educational histories. Methods used by their schools to help them in the classroom were presented in detail. Also described were interventions that were used outside of school. Again, Sandra Rief makes the reader feel like they are a part of these children's lives. These case studies provide an outline for building a comprehensive program for a child with ADD/ADHD.

**Part 5-Teaming for Success-**This part of the book helps the reader figure out how to set up effective communications among the student with ADD/ADHD's team members. This multi-disciplinary team needs to work together to design and implement a successful plan to help the student accomplish his goals.

**Part 6-Additional Supports and Strategies-**Movement, music, and imagery are explored in this section.

This book, published in 2005, is written in an easy-to-read style. While the breadth of the material can feel a bit overwhelming, the book's sections and its

twenty-four pages of references and resources are well-organized. Many of the academic interventions and strategies are research-based. Multiple Intelligences are addressed over several pages in Part 3. While widely used in schools, Multiple Intelligences is not based on empirical research. Within this book, there are resources that I feel are a priority to read. In six short, well-written pages, Section 1.6 gives a blueprint for building success for a student with ADD/ADHD. Many of the suggestions are expanded in later sections of the book. As a whole, this section can give guidance to parents and educators who want to help the student find success. A crucial key to success is organization. Sections 3.5-3.6 lead the student down the path to becoming a more efficient student through organizational and memory techniques. Years ago, in 1998, another book by Sandra Rief guided me to becoming an effective advocate for my son. It equipped me with information to help my son become a successful student. That book gave me ideas to share with his educational team, so that they could do a better job teaching him. Over the years, I have recommended *How to Reach and Teach Children with ADD/ADHD* to the parents of my students. Now, I highly recommend it to you.

As the author of a right-brain multiplication workbook that benefits children with ADHD, I am often asked by parents and teachers, "What is the best ADHD resource? Not only do I want to understand what ADHD is but I need strategies to help my child (or student) learn." I always recommend Sandra Rief's *How to Reach and Teach Children with ADD/ADHD*. Not only does Sandra present key information on understanding and managing ADHD but also on developing the social skills necessary to ensure a child's success from pre-school through high school. As a former university English teacher, I am delighted to say that this ADHD resource is beautifully written and organized and, therefore, easy to use. I never hesitate to recommend this book to the general population on HOW children learn. As a parent or teacher, you'll appreciate the specialized reading lists such as storybooks based on math for young readers and other great resources. A child with ADHD can be a daunting challenge for a parent or teacher. This book will be invaluable at home or in the classroom. Eugenia Francis, Author of *Teach Your Child the Multiplication Tables, Fast, Fun & Easy*.

ok book but i needed something more practical and this wasn't it.

This book is a wonderful resource for regular education and special education teachers. It offers strategies for and insight into children with ADHD. Well written!

This is an excellent book, both conceptually and practically. It contains lists of strategies and the rationales behind them. I would recommend it for anyone, whether you are someone with ADHD or know someone who is.

Great information for teachers who find themselves working with students who appear to have ADHD but have not been diagnosed.

My daughter's teacher loaned me this book after I shared with her my frustration over understanding "how" my daughter thinks and how to help her with her homework and life in general. If you don't have ADD you can't understand why things that seem perfectly logical to you make no sense whatsoever to the person with ADD. I sat down thinking I would flip through and read a few passages...I've been reading for two hours now and an hour ago got paper and pen to start taking notes. There are too many notes! I'm now ordering the book for myself. I have read many books on ADD and this is the first one I've found that gives clear detailed advice on ways to "teach" your child some impulse control, and help her improve her concentration and study skills...BEFORE jumping right to medication treatment.

I have not finished it yet, but, as a new exceptional education teacher, it has been very helpful thus far.

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ADHD: A Mental Disorder or A Mental Advantage (2nd Edition) (ADHD Children, ADHD Adults, ADHD Parenting, ADD, Hyperactivity, Cognitive Behavioral Therapy, Mental Disorders)  
How to Reach and Teach Children with Challenging Behavior (K-8): Practical, Ready-to-Use Interventions That Work  
ADHD Diet For Children: Recipes and Diet to Help Your Child Focus, Perform Better at School, and Overcome ADHD For Life (ADHD Diet)  
ADHD Guide  
Attention Deficit Disorder: Coping with Mental Disorder such as ADHD in Children and Adults,  
Promoting Adhd Parenting: Helping with Hyperactivity and Cognitive Behavioral Therapy (CBT)  
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